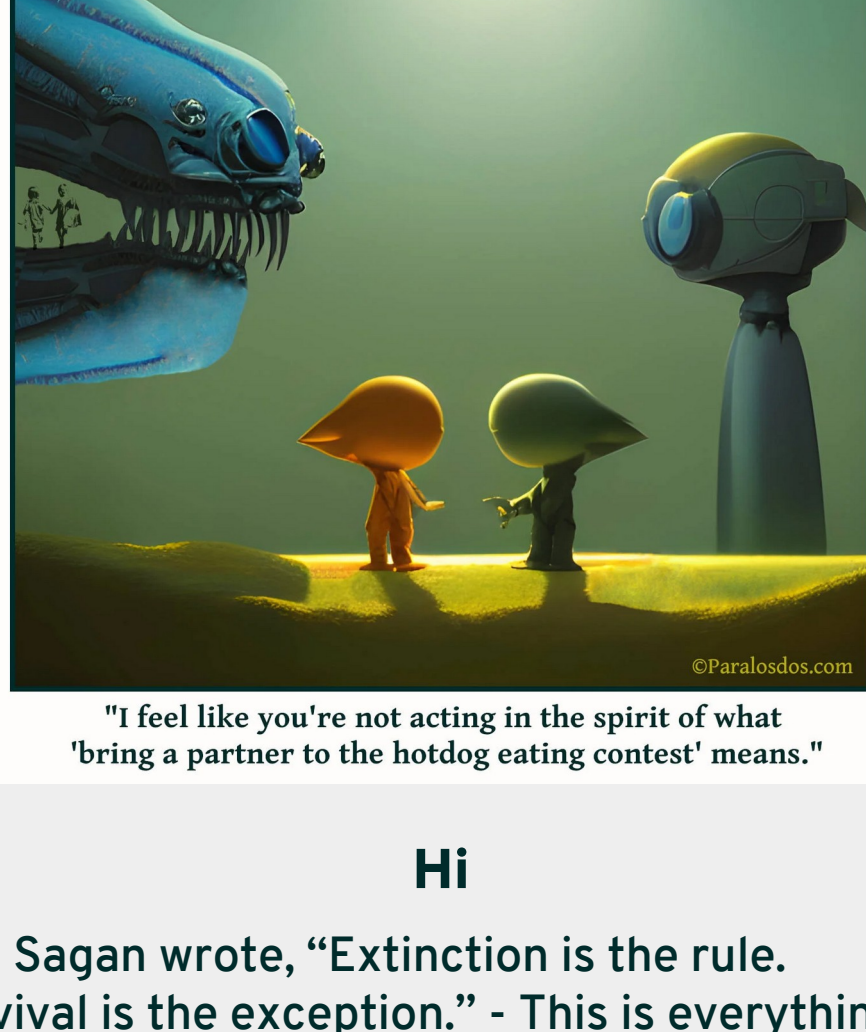


# Change Happens

Have a great day,  
find your way

## The Alien Life



"I feel like you're not acting in the spirit of what 'bring a partner to the hotdog eating contest' means."

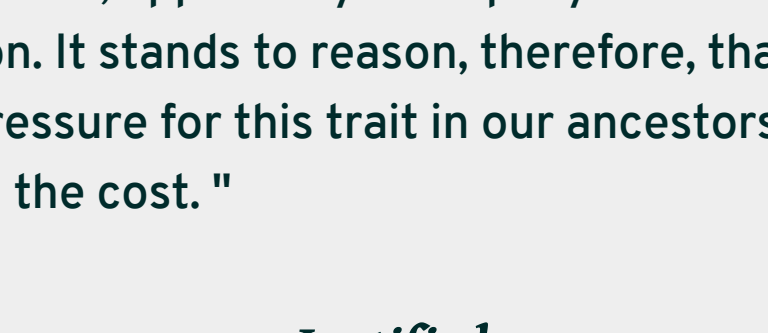
## Hi

Carl Sagan wrote, "Extinction is the rule. Survival is the exception." - This is everything a person needs to know to live.

Peel the layers from any philosophy, spiritual pursuit or religion, and this is what they are built on. As far as we can see, literally and figuratively, we are an anomalous miracle of breathing.

## Still spooky

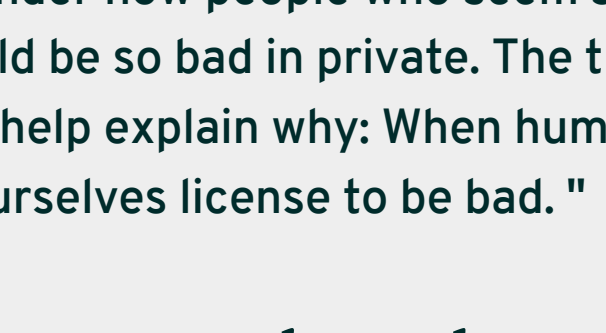
### Sleepwalking is the result of a survival mechanism gone awry



"Despite evidence of localised activity during sleep in both human and non-human animal brains, sleepwalking is, among primates, apparently a uniquely human phenomenon. It stands to reason, therefore, that the selection pressure for this trait in our ancestors uniquely outweighed the cost."

## Justified

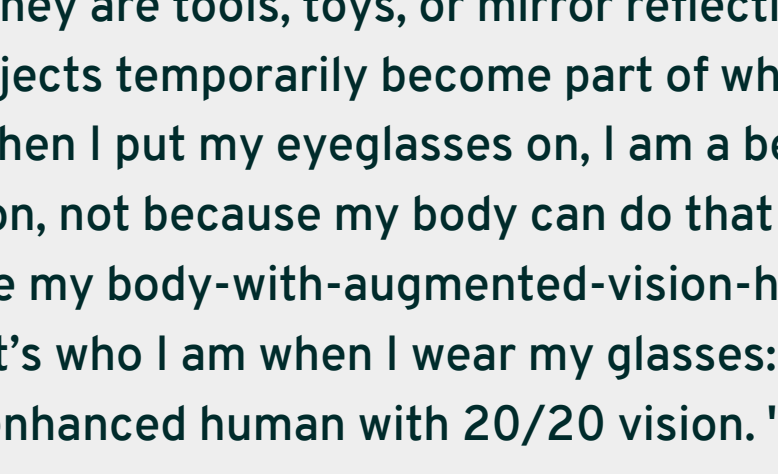
### Why Doing Good Makes It Easier to Be Bad



"You might wonder how people who seem so good by occupation could be so bad in private. The theory of moral licensing could help explain why: When humans are good, it says, we give ourselves license to be bad."

## More than tools

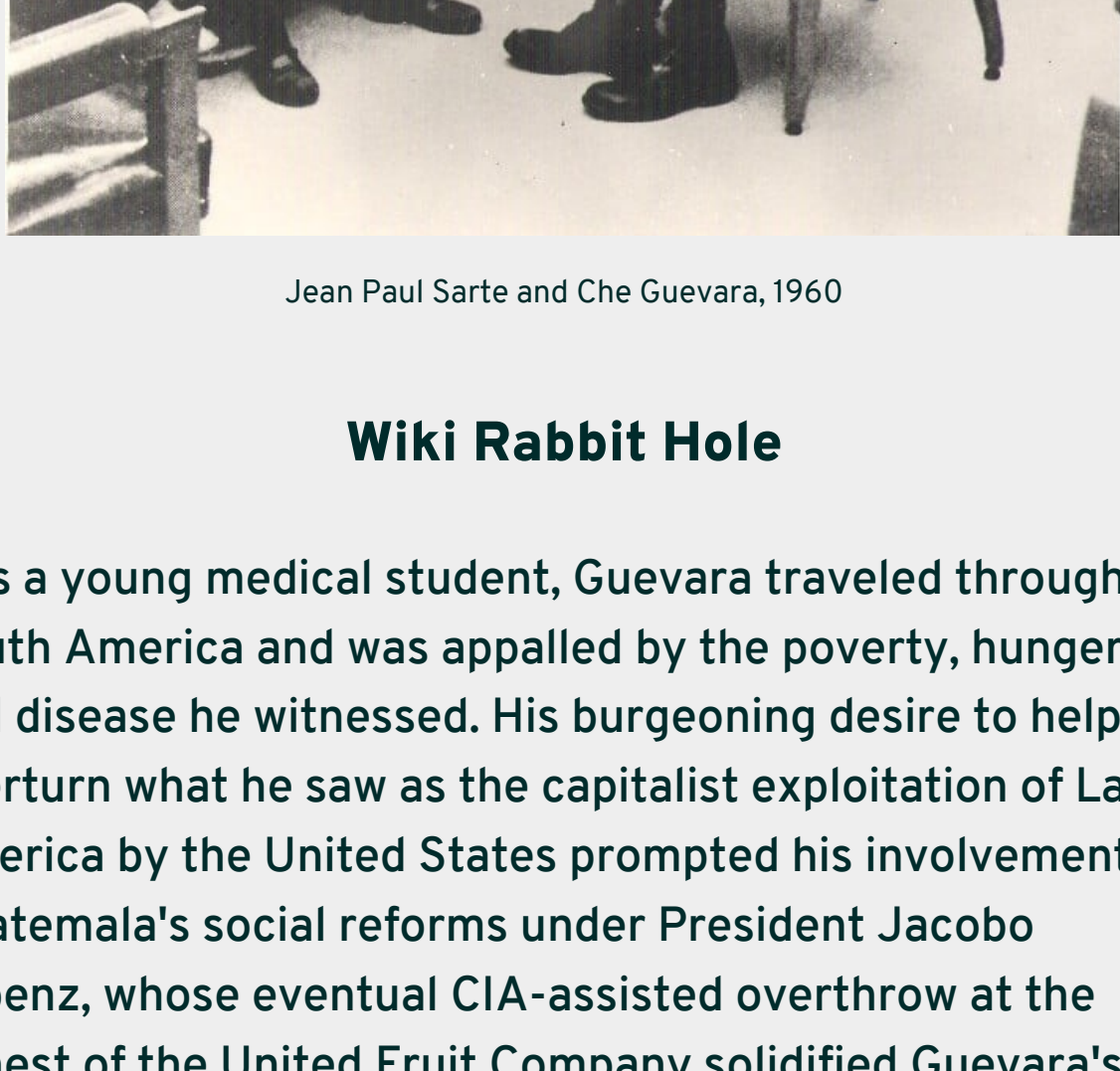
### When Objects Become Extensions of You



"Whether they are tools, toys, or mirror reflections, external objects temporarily become part of who we are all the time. When I put my eyeglasses on, I am a being with 20/20 vision, not because my body can do that – it can't – but because my body-with-augmented-vision-hardware can. So that's who I am when I wear my glasses: a hardware-enhanced human with 20/20 vision."

## October 7/9 1967

### Ernesto "Che" Guevara Captured/Executed



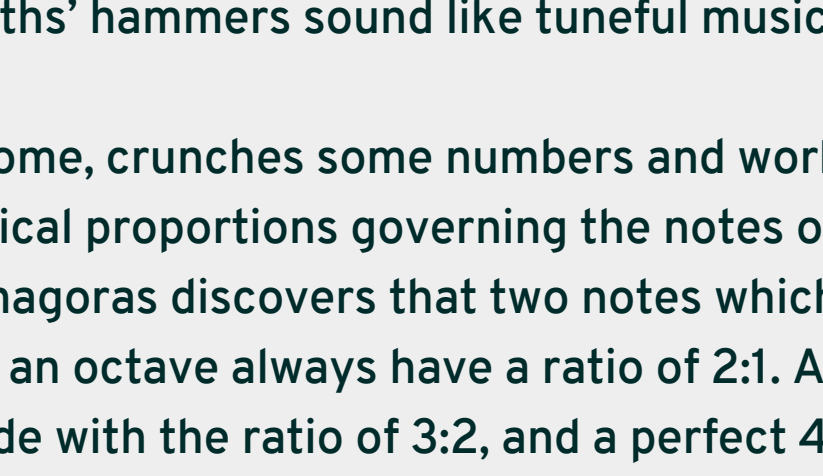
Jean Paul Sartre and Che Guevara, 1960

## Wiki Rabbit Hole

"As a young medical student, Guevara traveled throughout South America and was appalled by the poverty, hunger, and disease he witnessed. His burgeoning desire to help overturn what he saw as the capitalist exploitation of Latin America by the United States prompted his involvement in Guatemala's social reforms under President Jacobo Árbenz, whose eventual CIA-assisted overthrow at the behest of the United Fruit Company solidified Guevara's political ideology. Later in Mexico City, Guevara met Raúl and Fidel Castro, joined their 26th of July Movement, and sailed to Cuba aboard the yacht Granma with the intention of overthrowing US-backed dictator Fulgencio Batista. Guevara soon rose to prominence among the insurgents, was promoted to second-in-command, and played a pivotal role in the two-year guerrilla campaign that deposed the Batista regime."

## Sound language

### The Evolution of Music Notation



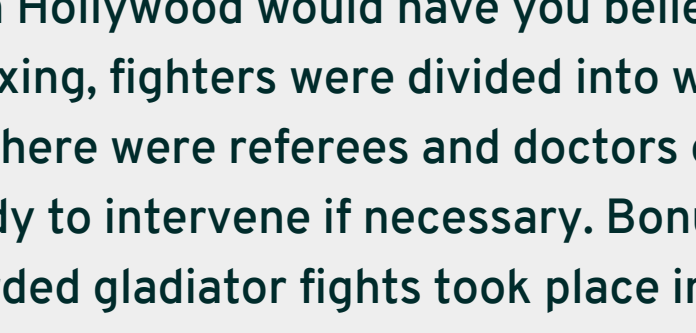
"Ancient Greece. Pythagoras, while walking past an blacksmith's workshop, is intrigued that the sounds made by the smiths' hammers sound like tuneful musical notes."

He goes home, crunches some numbers and works out the mathematical proportions governing the notes of the music scale. Pythagoras discovers that two notes which make an interval of an octave always have a ratio of 2:1. A perfect fifth is made with the ratio of 3:2, and a perfect 4th is 4:3. Combinations of these intervals then create the other notes which make up the major scale.

Music theory is born. "

## Prime real estate

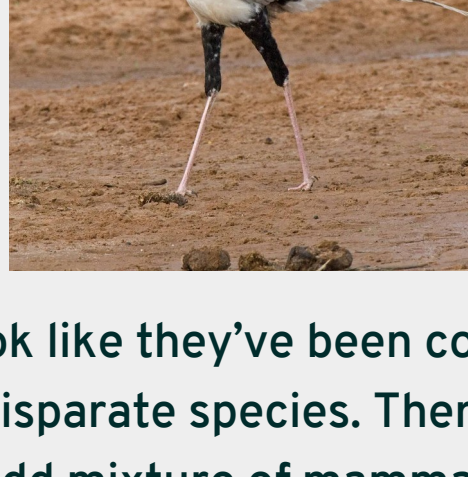
### Things You Never Knew About the Colosseum



"Gladiator fights were brutal, but not always deadly. While gladiators did fight for the entertainment of onlookers, and many people died, reality is a little more complex than Hollywood would have you believe. Much like in modern boxing, fighters were divided into weight classes, and there were referees and doctors on the sidelines ready to intervene if necessary. Bonus fun fact: the last recorded gladiator fights took place in 435, 41 years before the fall of Rome."

## Fly weird

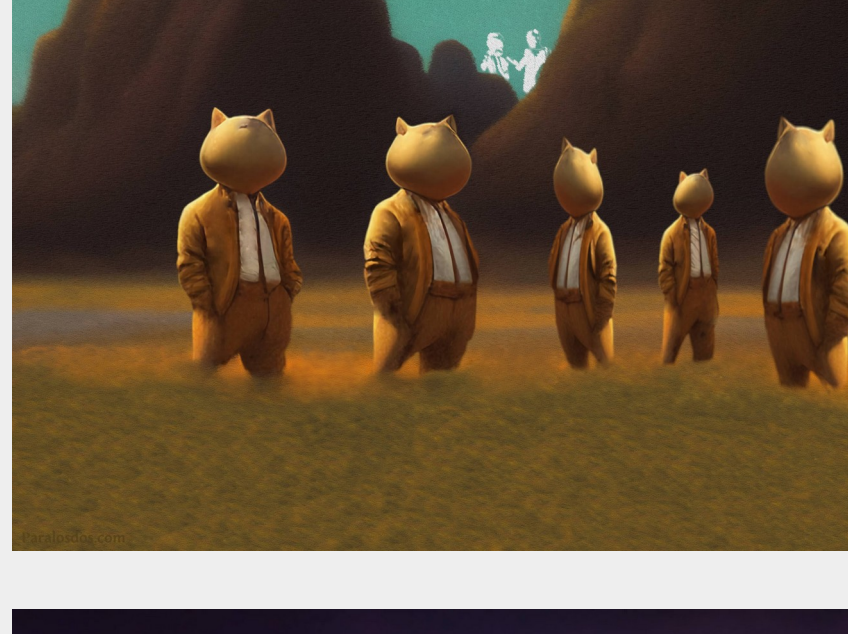
### Strange and weird wonders of the avian world



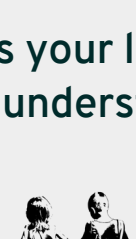
"Some animals look like they've been cobbled together from the parts of disparate species. There's the duckbilled platypus, with its odd mixture of mammalian and avian features; the vulturine guineafowl, which appears to be part peacock and part vulture; and then there's the secretary bird, which resembles a hawk balanced on the legs of a flamingo."

**"The power of the culture industry's ideology is such that conformity has replaced consciousness."**

**Theodor W. Adorno**



it's your life  
you understand



Please feel free to forward *Change Happens* to anyone you think might enjoy it and have a most excellent day