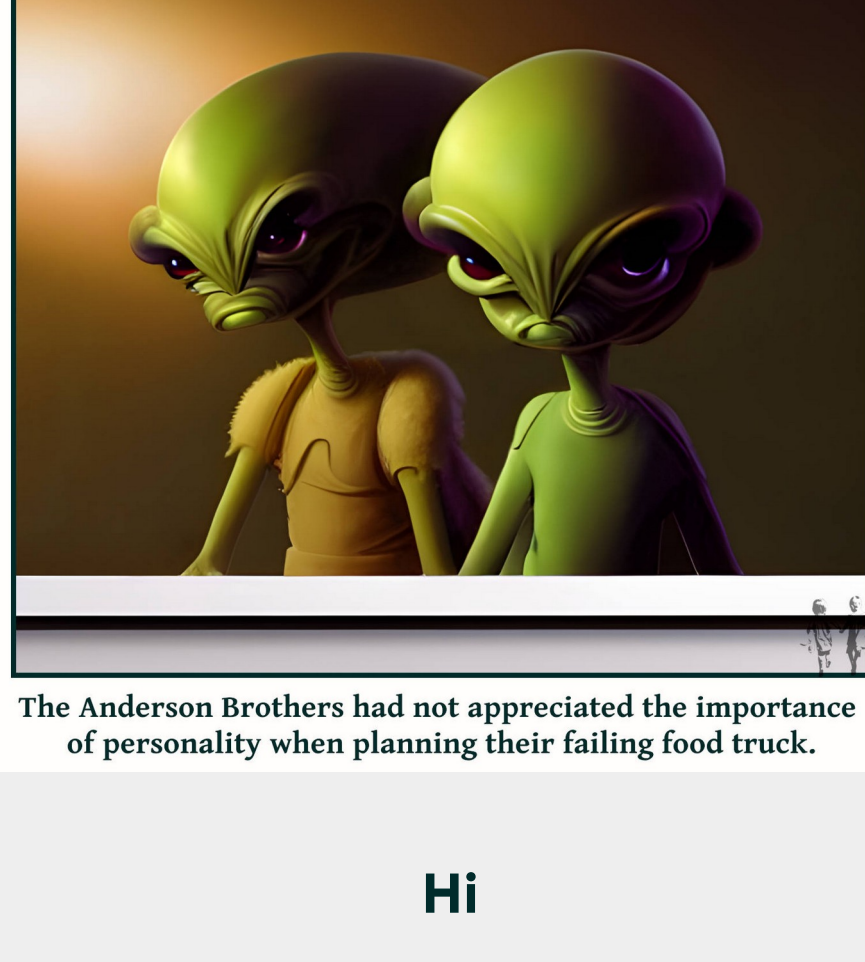


Change Happens

Have a great day,
find your way

The Alien Life



The Anderson Brothers had not appreciated the importance of personality when planning their failing food truck.

Hi

Why would I describe the outside of a book?

Thou shalt not judge a book by its cover.
Simply powerful words, passed directly to me
from the original source, my mother.

Books flew on and off our shelves,
they rested, waiting here and there,
hopeful, and never long forgotten.

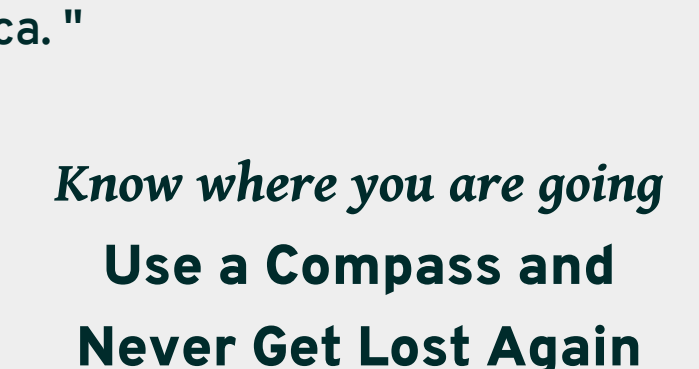
The meat and bones, and life, between
the outer skins was understood to be
all that mattered, should you care to know.

And so, to the cover of a book, nothing
was attached. I early understood the solemn,
righteous, oath this was. And purely true.

Forever, I am grateful to my original source.

Enduring

Where to see the oldest living things on Earth



" Planet ramblers looking for adventure might consider spending time with these 10 living ambassadors from the past, including a bird with millions of flight miles, a rose that survived an aerial bombing, a tree linked to Buddha, green globules in the Andes and massive poriferans in Antarctica. "

Know where you are going

Use a Compass and Never Get Lost Again



" Compasses, on the other hand, are nigh-indestructible. They don't take batteries, don't have screens to break, and don't need software updates. When protected with either waterproof coatings or careful storage, maps rarely fail. Keeping these two simple items in your pack—and knowing how to use them—is a small step that could save you a lot of trouble. "

Define conscious

Are animals conscious?

	Octopuses discovered to avoid pain and seek out pain relief in experiments
	Cuttlefish remember details of specific past events, including how they experienced them
	Crayfish display "anxiety-like" states, when given mild electric shocks but were calmed on receiving anti-anxiety drugs
	Crabs overcome their aversion to bright light if they have experienced an electric shock in a dark area, weighing up the intensity of the shock and the brightness of the light

" Charles Darwin enjoys a near god-like status among scientists for his theory of evolution. But his ideas that animals are conscious in the same way humans are have long been shunned. Until now. "

June 21, 1948

The LP

Listen now

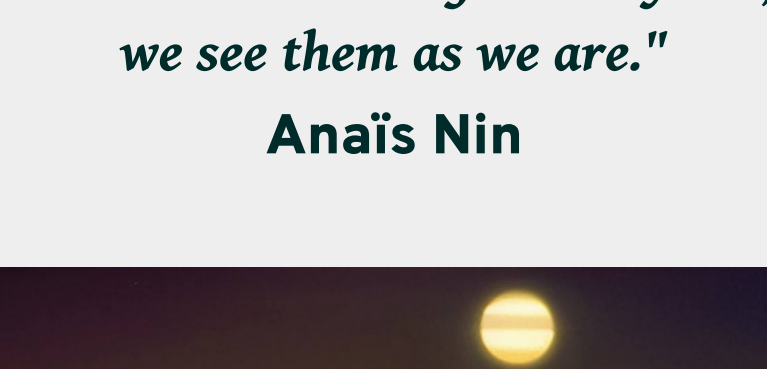


Wiki Rabbit Hole

" The LP (from "long playing" or "long play") is an analog sound storage medium, specifically a phonograph record format characterized by: a speed of 33+1/3 rpm; a 12- or 10-inch (30- or 25-cm) diameter; use of the "microgroove" groove specification; and a vinyl (a copolymer of vinyl chloride acetate) composition disk. Introduced by Columbia Records in 1948, it was soon adopted as a new standard by the entire US record industry and, apart from a few relatively minor refinements and the important later addition of stereophonic sound in 1957, it remained the standard format for record albums during a period in popular music known as the album era. "

Not just cheezies

Processed Food: A 2-Million-Year History



" It is the dark force, we're told, behind the obesity epidemic, the death of the family farm and Tang. But humans have been "processing" food ever since we learned how to cook, preserve, ferment, freeze, dry or extract. Processed food has powered the evolution of the species, the expansion of empires, the exploration of space. "

Best shoes ever

Why athletic shoes are called "sneakers"



" When it comes to athletic shoes, calling them something like 'walkers' or 'runners' seems more appropriate than calling them 'sneakers.' These days most people don't use their sneakers for sneaking, but back in the day they were associated with people who were up to no good and sneaking around. "

They will mess with your stuff

Facts about tigers

" Tigers are fascinating animals, from their unique stripe patterns to their almighty roar they represent strength and power all while being the most endangered big cat in the world. "

*"We don't see things as they are,
we see them as we are."*

Anaïs Nin

it's your life
you understand

Please feel free to forward *Change Happens* to anyone you think might enjoy it and have a most excellent day