

Change Happens

Have a great day,
find your way

The Alien Life



While the Glorks agreed it was a nice catch, they still wanted to know who was paying for their house.

Hi

Isn't the lesson the lighter load to carry?

Are you gentle with your mistakes,
do you leave them at the door,
or carry them always everywhere,
as if that is all you have to share

Do you feel the weight of them
carried endlessly about the day?
Who made you think a misstep
was a burden to bear forever,
whose gift was this to you

What if all you did was learn
from them another way,
if you held them thoughtfully
and turned them inside out,
then let them fall away

Be gentle with your mistakes,
and let them carry on alone.

It appears we are butterflies Video reveals how our fingers form in the womb



" This work led to the discovery that our fingers and toes actually don't grow out from the clumps of limb cells we have at week 4. Instead, they form inside the buds – extra cells around them then die off to reveal the digits. "

Dedicated to the burn

How the Titanic's gym forever changed fitness



" McCawley didn't invent fitness, and the Titanic wasn't the first gym. But it's impossible to overestimate McCawley and his gym's impact on launching the modern fitness industrial complex. Big Fitness is now a \$30 billion business annually just in the U.S., and many of its roots sprouted up from the deck of the Titanic. "

We are, therefore we shop

How the world embraced consumerism

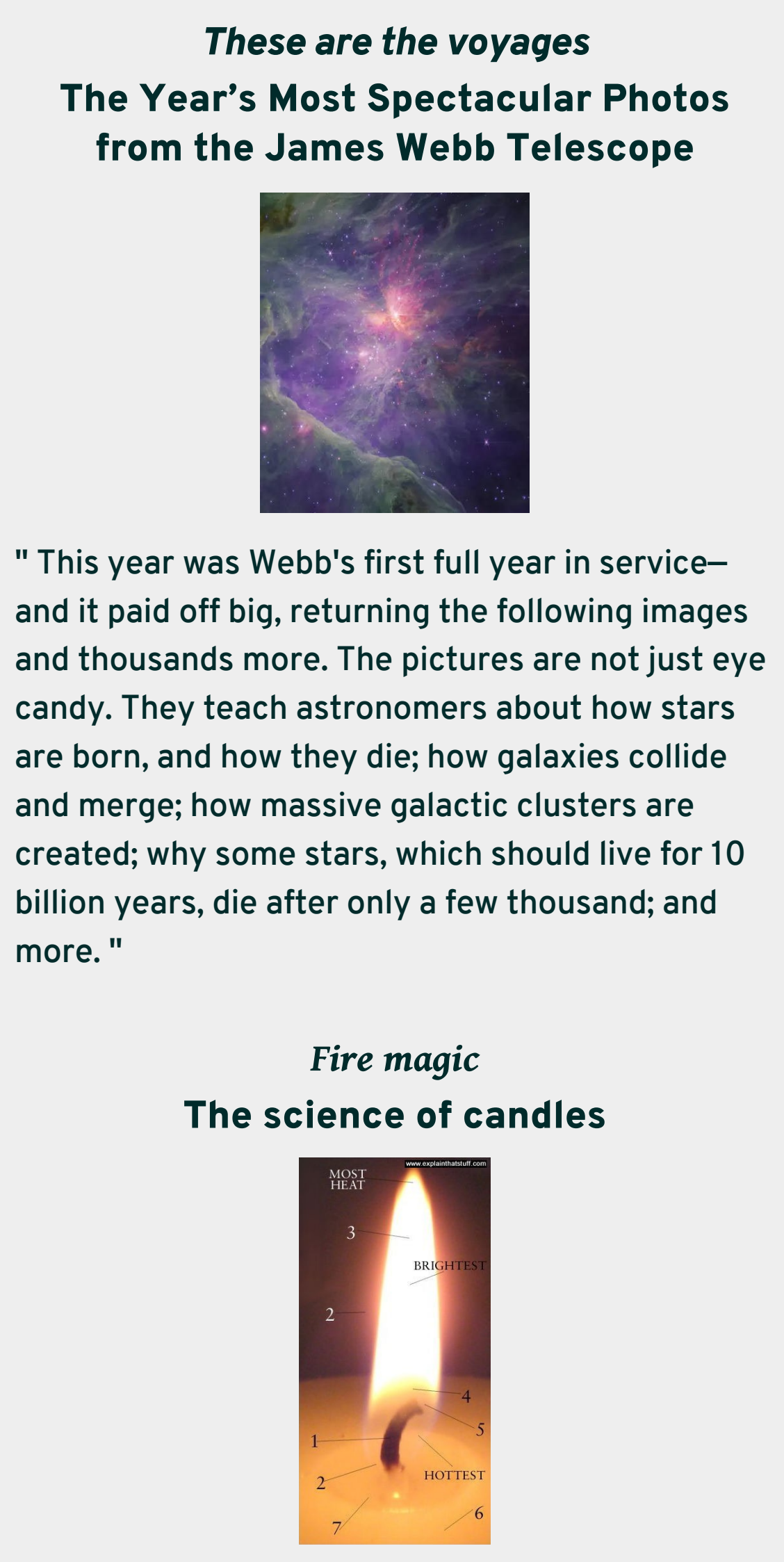


" 'The cardinal features of this culture were acquisition and consumption as the means of achieving happiness; the cult of the new; the democratisation of desire; and money value as the predominant measure of all value in society,' Leach writes in his 1993 book 'Land of Desire: Merchants, Power, and the Rise of a New American Culture'. Significantly, it was individual desire that was democratised, rather than wealth or political and economic power. "

December 25, 1809

Ephraim McDowell

Pioneer Surgeon



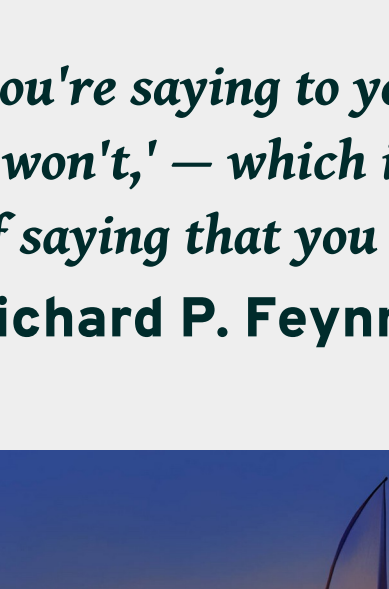
Wiki Rabbit Hole

The first person to successfully remove an ovarian tumor

" All attempts at abdominal exploration before 1809 had resulted in peritonitis and death. Descriptions of McDowell include phrases like 'neat and clean' or 'scrupulously clean.' He was not only neat, but meticulous. In his report on the operation, he described the removal of blood from the peritoneal cavity and bathing the intestines with warm water. "

These are the voyages

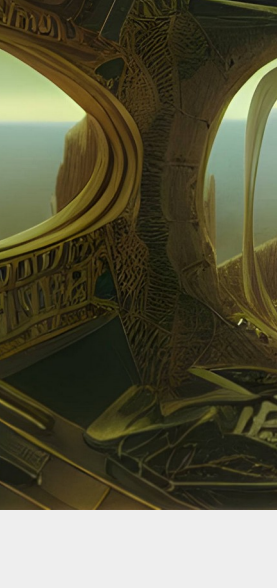
The Year's Most Spectacular Photos from the James Webb Telescope



" This year was Webb's first full year in service—and it paid off big, returning the following images and thousands more. The pictures are not just eye candy. They teach astronomers about how stars are born, and how they die; how galaxies collide and merge; how massive galactic clusters are created; why some stars, which should live for 10 billion years, die after only a few thousand; and more. "

Fire magic

The science of candles



" Candles may look simple but they're remarkably ingenious. Set fire to the wick (the little string poking up at the top) and heat travels rapidly downward toward the wax body of the candle beneath. The wax has a low melting point so it instantly turns into a hot liquid and vaporizes, funneling straight up around the wick as though it's rushing up an invisible smokestack (chimney). The wax vapor catches light and burns, sending a flame high above the wick.

The hunter in your house

Whisker fatigue and mind control: Facts every cat-lover needs to know

" There is a thrill in something so cute and loving also being a potential psychopath. Our cat, Noodles, has only been with us for a month. I'm slightly scared of him – sometimes I wake with a jolt in the middle of the night and his staring face is barely centimetres from mine. "

“All the time you're saying to yourself, 'I could do that, but I won't,' — which is just another way of saying that you can't.”

Richard P. Feynman

it's your life
you understand

Please feel free to forward *Change Happens* to anyone

you think might enjoy it and have a most excellent day