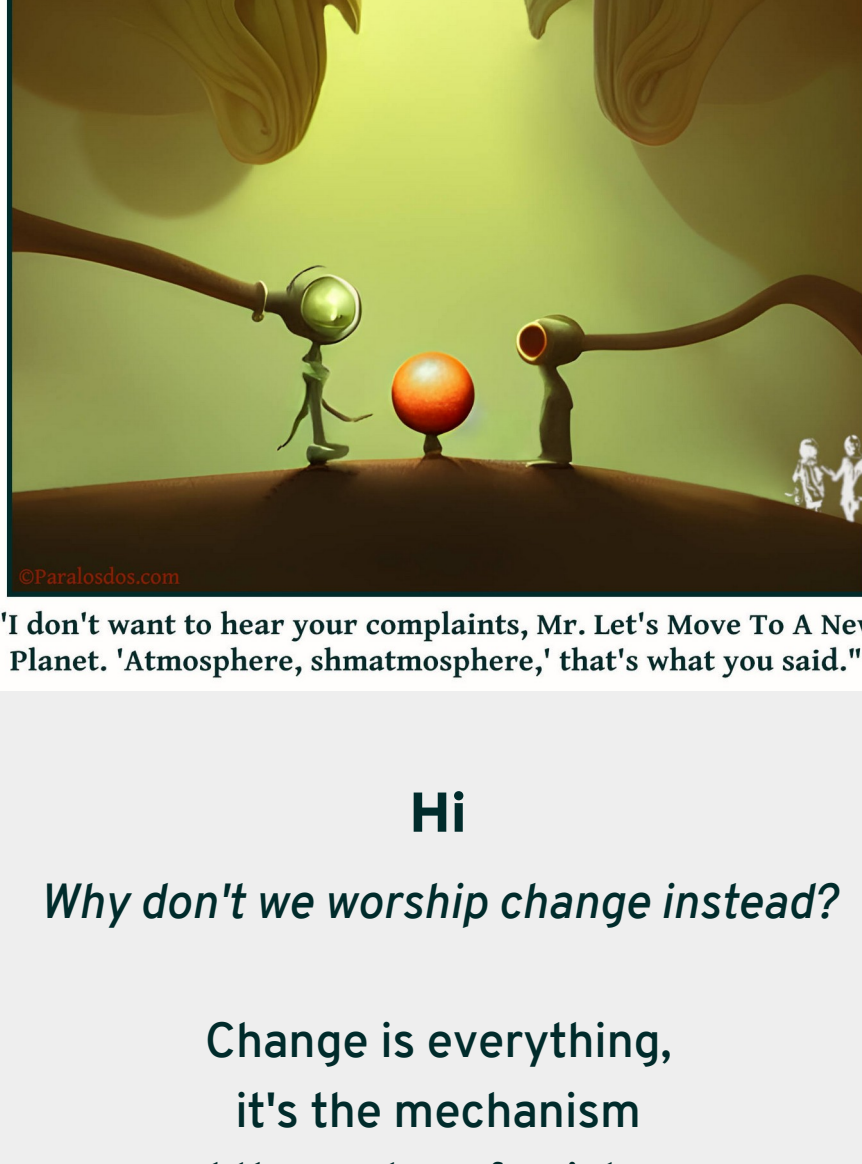


Change Happens

Have a great day,
find your way

The Alien Life



"I don't want to hear your complaints, Mr. Let's Move To A New Planet. 'Atmosphere, shmatmosphere,' that's what you said."

Hi

Why don't we worship change instead?

Change is everything,
it's the mechanism
and the motor of existence,
the manifestation
and the means of
this moment to the next.

It's in the reasons
and the rhythms,
and hums unseen
beneath the atom.
It's in anything in motion
and in everything at rest.

It's change that gives us life
and change that moves it on.
It was here before forever, and
will be here when forever's gone.

Closing a window

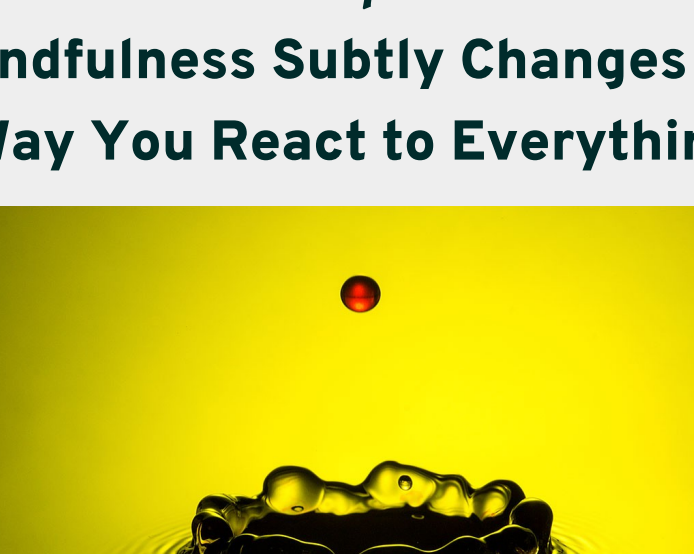
Satellite megaconstellations are threatening astronomy.



"The presence of potentially hundreds of thousands of satellites in low Earth orbit is creating an urgent space governance challenge, impacting both the professional conduct of astronomy and the pristine view of the night sky."

From the first grunt

What's the World's Oldest Language?



"But it's impossible to prove the existence of a proto-human language—the hypothetical direct ancestor of every language in the world. Accordingly, some linguists argue that the designation of the “oldest language” should belong to one with a well-established written record."

Time to process

Mindfulness Subtly Changes the Way You React to Everything

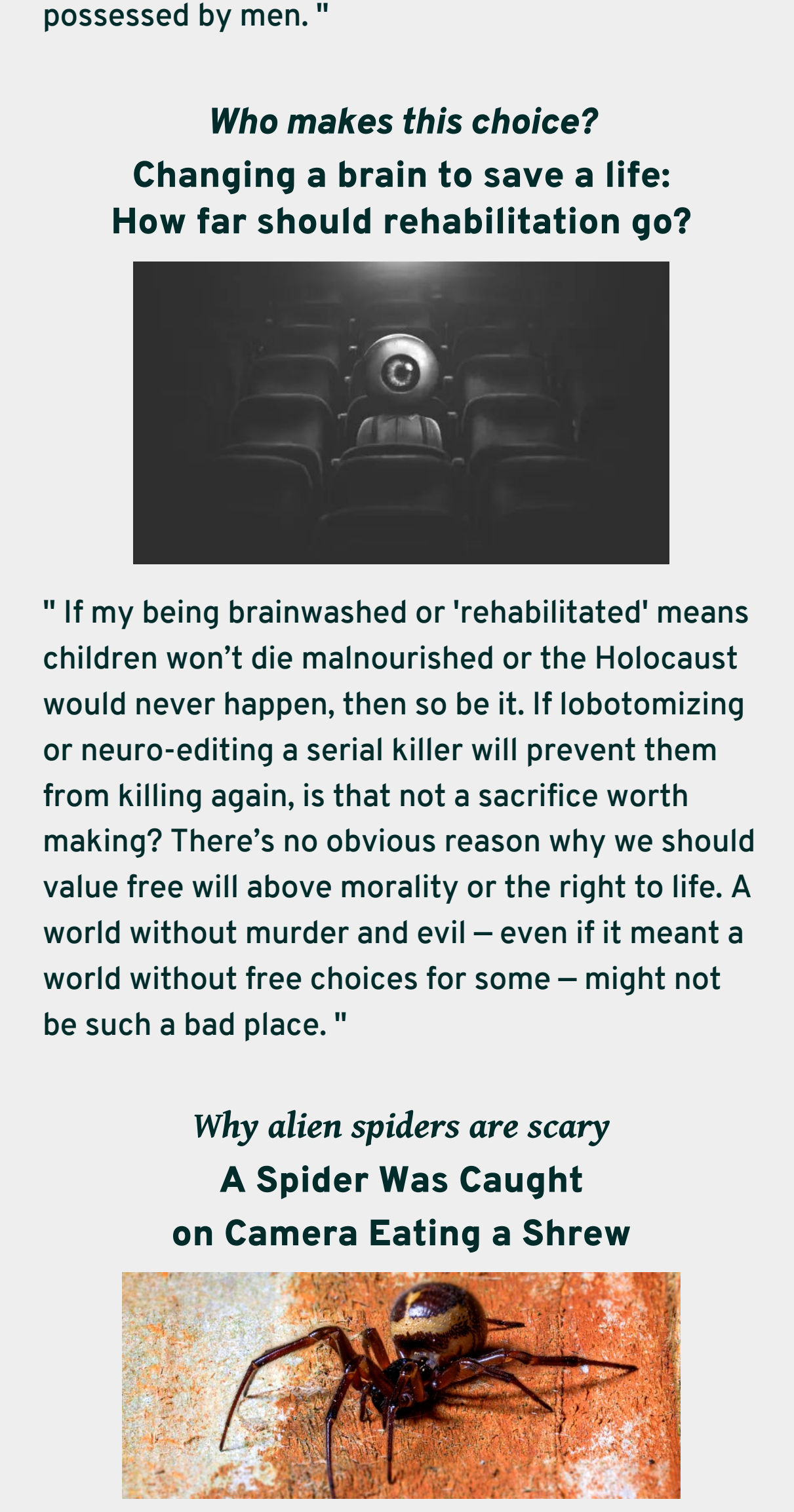


"Having trained thousands of leaders in the techniques of this ancient practice, we've seen over and over again that a diligent approach to mindfulness can help people create a one-second mental space between an event or stimulus and their response to it. One second may not sound like a lot, but it can be the difference between making a rushed decision that leads to failure and reaching a thoughtful conclusion that leads to increased performance. It's the difference between acting out of anger and applying due patience. It's a one-second lead over your mind, your emotions, your world."

August 26, 1920

The Right To Vote

Nineteenth Amendment to the United States Constitution

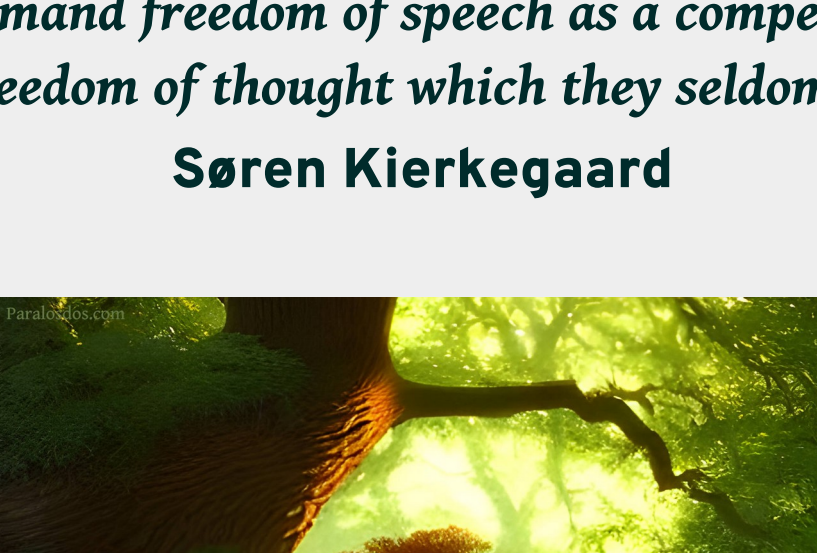


Wiki Rabbit Hole

"Before 1776, women had a vote in several of the colonies in what would become the United States, but by 1807 every state constitution had denied women even limited suffrage. Organizations supporting women's rights became more active in the mid-19th century and, in 1848, the Seneca Falls convention adopted the Declaration of Sentiments, which called for equality between the sexes and included a resolution urging women to secure the vote. Pro-suffrage organizations used a variety of tactics including legal arguments that relied on existing amendments. After those arguments were struck down by the U.S. Supreme Court, suffrage organizations, with activists like Susan B. Anthony and Elizabeth Cady Stanton, called for a new constitutional amendment guaranteeing women the same right to vote possessed by men."

Who makes this choice?

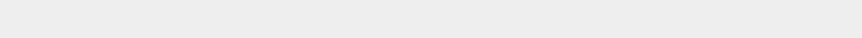
Changing a brain to save a life: How far should rehabilitation go?



"If my being brainwashed or 'rehabilitated' means children won't die malnourished or the Holocaust would never happen, then so be it. If lobotomizing or neuro-editing a serial killer will prevent them from killing again, is that not a sacrifice worth making? There's no obvious reason why we should value free will above morality or the right to life. A world without murder and evil – even if it meant a world without free choices for some – might not be such a bad place."

Why alien spiders are scary

A Spider Was Caught on Camera Eating a Shrew



"The video shows a noble false widow's web, located outside a bedroom window of the house in Chichester, with a small mammal ensnared in the silk. Later analysis of the mammal's remains helped researchers identify it as a pygmy shrew."

"This observation demonstrates further that the noble false widow is perfectly adapted to take down large prey, combining potent venom, extremely strong silk, and complex hunting behaviour."

Movies vs reality

Can You Actually Suck the Poison Out of a Snakebite?

"You may have been taught the old cowboy trick of applying a tourniquet and using a blade to cut the bite wound to suck out the poison. It certainly looks dramatic, but does it really work? According to the World Health Organization, approximately 5.4 million people are bitten by snakes each year worldwide, about 81,000 to 138,000 of which are fatal. That's a lot of deaths that could have been prevented if the remedy were really that simple."

“People demand freedom of speech as a compensation for the freedom of thought which they seldom use.”
Søren Kierkegaard

it's your life
you understand

Please feel free to forward *Change Happens* to anyone you think might enjoy it and have a most excellent day