

Change Happens

Have a great day,
find your way

The Alien Life



The newly installed CCTV camera was negatively affecting attendance at the Privacy Matters clubhouse.

Hi

Will we be surprised when it's too late?

It is not impossible to imagine that one day I will be asked a question that won't matter, my answer will have no bearing on the judgement of the machine. My crime will be finding a gap in the vigilance of the collection of my life. Overcome by a momentary lightness that was being free, I walked with a joy unsupervised.

I will be forever found a malcontent, my taste of separation from being endlessly absorbed, a point of no return. When we finally know everything about everyone, no one will abide anything unknown. Nature abhors a vacuum, a man said. Data erases an anomaly, a machine said. From here we will do as we are programmed. No good effort to live well outside the collection will be allowed to go unpunished.

It is not impossible to be still free to imagine that it is not too late.

It's a mystery

The surprisingly complicated physics of why cats always land on their feet



" I think a lot of physicists don't realize how complicated the problem is, and they're often just looking for a single simple solution. Physicists have an instinct to look for simple solutions, but nature's always looking for the most effective solution. And those two approaches are not always the same. "

Still a wonder to behold

How fireflies glow – and what signals they're sending



" Fireflies – alternatively known as lightning bugs in much of the United States – are neither flies nor bugs. They're soft-winged beetles, related to click beetles and others. The most dramatic aspect of their biology is that they can produce light; this ability in a living organism, called bioluminescence, is relatively rare. "

Just good advice for living today

The Biggest Wastes of Time We Regret When We Get Older

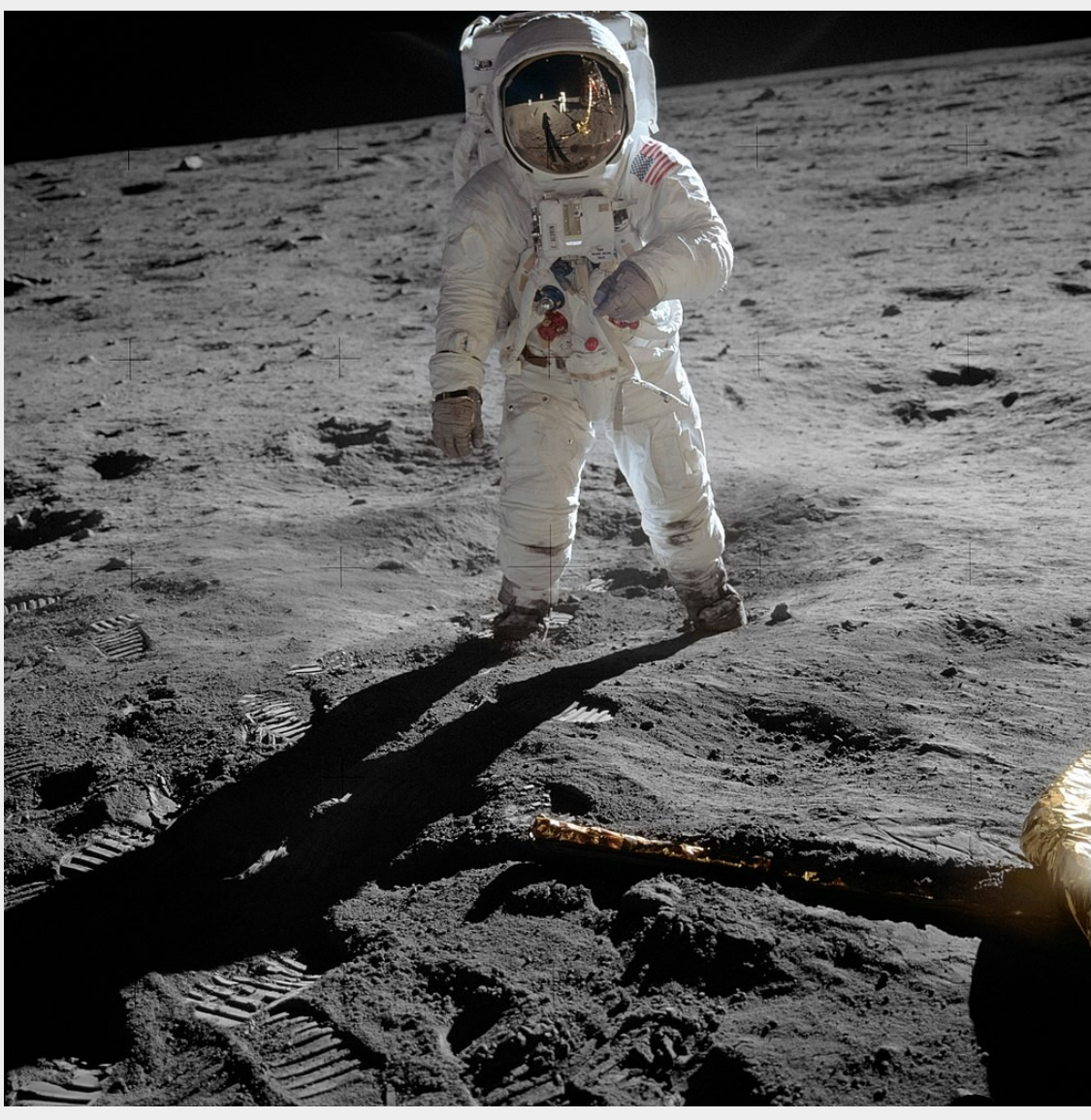


" We spend a lot of energy looking for shortcuts to save time, and sure, those shortcuts add up. But when I look back, my biggest time regrets aren't spending too much time on Twitter or mismanaging my daily tasks. Those are bad habits, but there are bigger, more systematic time wasters that have really gotten in the way. Fixing these will free up a massive amount of time and energy. "

July 20, 1969

Apollo 11 lands on the Moon

Still pretty cool that this happened



Wiki Rabbit Hole

" Apollo 11 (July 16–24, 1969) was the American spaceflight that first landed humans on the Moon. Commander Neil Armstrong and lunar module pilot Buzz Aldrin landed the Apollo Lunar Module Eagle on July 20, 1969, at 20:17 UTC, and Armstrong became the first person to step onto the Moon's surface six hours and 39 minutes later, on July 21 at 02:56 UTC. Aldrin joined him 19 minutes later, and they spent about two and a quarter hours together exploring the site they had named Tranquility Base upon landing. Armstrong and Aldrin collected 47.5 pounds (21.5 kg) of lunar material to bring back to Earth as pilot Michael Collins flew the Command Module Columbia in lunar orbit, and were on the Moon's surface for 21 hours, 36 minutes before lifting off to rejoin Columbia. "

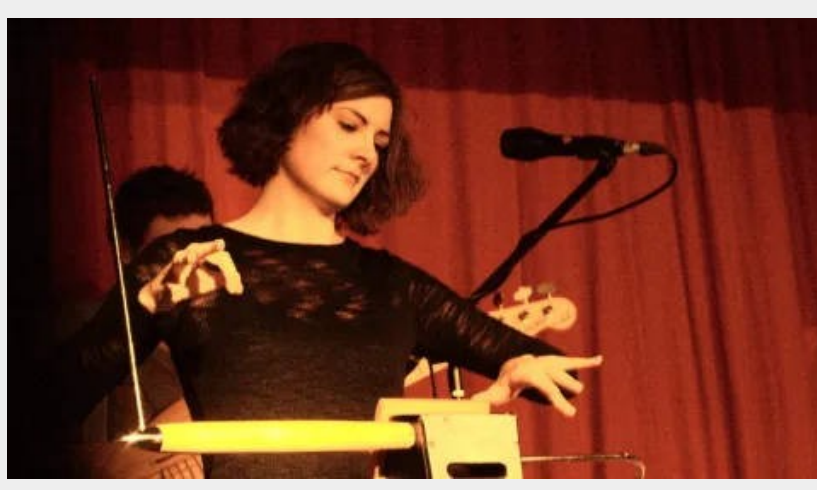
Getting ready by getting ready **There's a better way to warm up than stretching**



" Muscles only work because they're connected to your brain. So from a neuromuscular standpoint, a dynamic warmup increases your body's awareness of where it is in space and how it's moving, says Dixie Stanforth, a kinesiology and health education professor at the University of Texas at Austin.

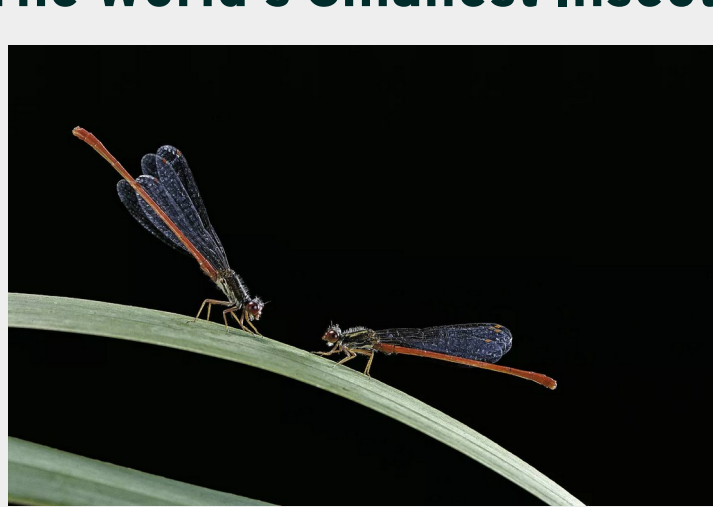
'A good dynamic warmup does as much for your brain as it does for your body,' she says. 'You're trying to wake your body up and get it to understand there's a challenge coming and you need to get ready for it both physically as well as mentally.' "

Greatest weird instrument of all time **Theremin: The eerie musical instrument you play without touching**



" For those unfamiliar with the magic of the theremin, the instrument was created in the 1920s by inventor Léon Theremin. Unlike traditional instruments, which require the player to actually touch them, the theremin is hands-off. It requires the artist to place her hands in midair between a pair of antenna, and then move them in space to disrupt and alter an electromagnetic field. In response, the machine puts out buzzy, tremulous sounds that, with the proper skill, can be shaped into any number of forms. "

A world beyond viewing **The World's Smallest Insects**



" Insects have long been capable of evoking outsized responses from humans—delight at the sight of a magnificent monarch or horror at a scuttling roach. But then there are those that fly, swim, and crawl under the radar, so tiny that they are essentially invisible to the human eye. "

"And this I believe: that the free, exploring mind of the individual human is the most valuable thing in the world."

John Steinbeck



it's your life
you understand



*Please feel free to forward **Change Happens** to anyone
you think might enjoy it and have a most excellent day*