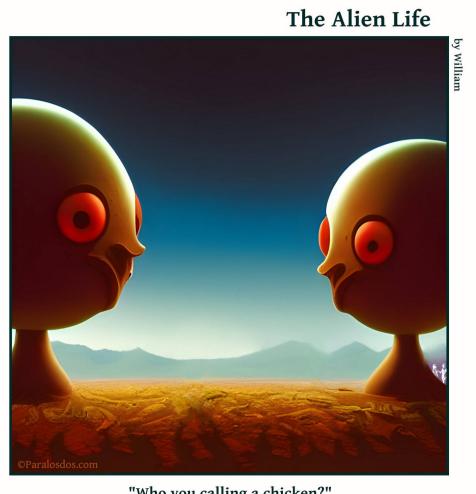
March 31, 2024

from the walls of the digital cave



Have a great day, find your way



"Who you calling a chicken?"

Hi

Doesn't every conflict begin with two combatants?

For fire to take flight, there are things that need assembling; oxygen, fuel, and heat. Add a reaction and nothing is the same.

For stupidity to reign, there are, likewise, things that need to gather; ignorance, ambition, and fear. Stir in agenda, moths to the flame.

Once the mob has massed, ignited and united, against the greater good, it burns, on and on, until it can't. Found outside the wreckage lays the blame.

> Millions of years have passed in walking upright, all spent carrying the same demons, yet still no will to end a fiery and foolish game.

New words **On the Mysteries of Foreign Accent Syndrome**



" Over time her paralysis receded, and she gradually recovered her ability to talk. Her speech, however, had changed, and people who heard her detected a pronounced German-like accent. This was a serious problem in Norway, where the military occupation had created intense antipathy toward anything German, and her speech caused shopkeepers to refuse to assist her. Clearly she had no desire to speak as she did. Even more

mysteriously, she had never lived outside Norway, nor had she interacted with foreigners. "

This happened Why did the atomic bomb dropped on Hiroshima leave shadows of people etched on sidewalks?



" According to Dr. Michael Hartshorne, emeritus trustee of the National Museum of Nuclear Science and History in Albuquerque, New Mexico, and professor emeritus of radiology at the University of New Mexico School of Medicine, when each bomb exploded, the intense light and heat spread out from the point of implosion. Objects and people in its path shielded objects behind them by absorbing the light and energy. The surrounding light bleached the concrete or stone around the 'shadow'."

> The body matters Interoception: The inner sense driving your thoughts



"Nevertheless, James laid the early groundwork for how we think about the closely intertwined relationship between brain and body. Indeed, according to Antonio Damasio, professor of psychology, philosophy and neurology at the University of Southern California: 'Our thoughts and our feelings and emotions are not just influenced by our bodies but [are] actually inconceivable without them. All of our mental activity is a consequence of body/brain interactions.'"

March 25, 421 Venice Another way to live is incorporated



Wiki Rabbit Hole

"Some late Roman sources reveal the existence of fishermen, on the islands in the original marshy lagoons, who were referred to as incolae lacunae ('lagoon dwellers'). The traditional founding is identified with the dedication of the first church, that of San Giacomo on the islet of Rialto (Rivoalto, 'High Shore')-said to have taken place at the stroke of noon on 25 March 421 (the Feast of the Annunciation). "

The marble process **The Anthropocene Project**



This is an amazing website: The Anthropocene Project/Home

Experience the astonishing visual world of the Anthropocene in these interactive gigapixel essays based on the large-scale photography of Edward Burtynsky, and the video work of Jennifer **Baichwal and Nicholas de Pencier**

For the anti-foodies What Exactly Is Jell-O Made From?



"But what is gelatin? Gelatin is a processed version of a structural protein called collagen. It comes from animals, including humans, and makes up almost one-third of all the protein in the human body. Collagen is a fibrous protein that strengthens the body's connective tissues and allows them to be elastic – that is, to stretch without breaking. As you get older, your body makes less collagen, and individual collagen fibers become increasingly cross-linked with each other. You might experience this as stiff joints from less flexible tendons, or wrinkles due to loss of skin elasticity."

Some oddness **Pangolin Facts**

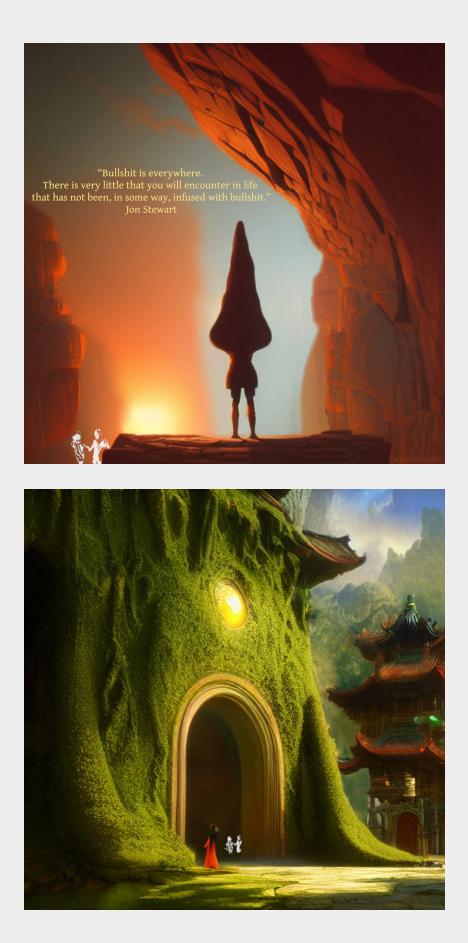


" Pangolins are shy, nocturnal mammals that are completely covered in plate-like scales, and often referred to as 'scaly anteaters'.

They inhabit woodlands and savannas in Southern, Central and East Africa, and Asia.

The majority of the population have never heard of the pangolin, but they are the world's most trafficked mammal, due to the high demand of their scales, and meat. Their meat is considered a delicacy, while their scales are said to 'cure' illnesses in traditional Asian medicine."

"Bullshit is everywhere. There is very little that you will encounter in life that has not been, in some way, infused with bullshit." **Jon Stewart**



it's your life you understand



Please feel free to forward Change Happens to anyone you think might enjoy it and have a most excellent day