

Change Happens

Have a great day,
find your way

The Alien Life



Darcy found that it was almost impossible to open the third eye with the kids around.

Hi

Is anything more contagious than a child's laughter?

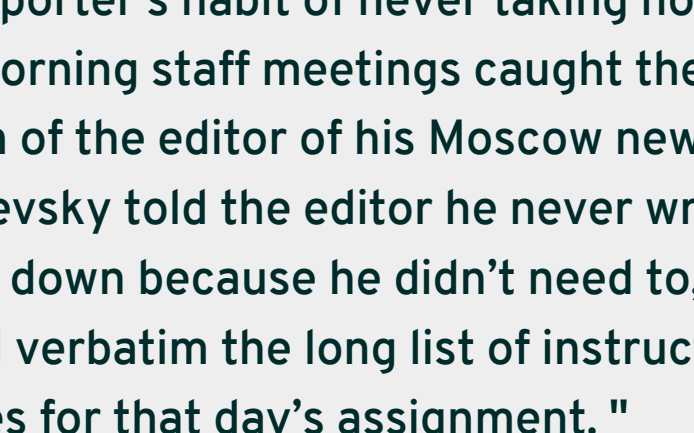
There are so many sounds that I don't want to hear when I'm trying to cultivate a silent plot of time

Among them is not: the sounds of my children, whether at war or peace, for those are the sounds of life in all its noisy glory

One day will come, in a plot of silent time, too much space between the sounds of life, I am in no hurry to find that much silence

Never forgot

The Man Who Remembered Everything—and Thought It Was Normal



" One of the most expansive memories ever documented belonged to a Russian newspaper reporter named Solomon Shereshevsky. For much of his life, he was oblivious of the peculiar nature of his memory. Then, in his late twenties, the young reporter's habit of never taking notes during morning staff meetings caught the attention of the editor of his Moscow newspaper. Shereshevsky told the editor he never wrote anything down because he didn't need to, then repeated verbatim the long list of instructions and addresses for that day's assignment. "

Sometimes a girl gotta pirate

The Revenge of Anne and Mary



" Their passionate, secret love affair began then and there. The appropriately named Revenge became the setting of their romance, their legend, and their downfalls. The particular forms of revenge sought by Anne and Mary were against a world that manipulated them based on their gender, against the men who had failed them, and against societal rules that had tried to cheat them out of their potential. "

Be like Anne Bonny

How to Live in Less Fear

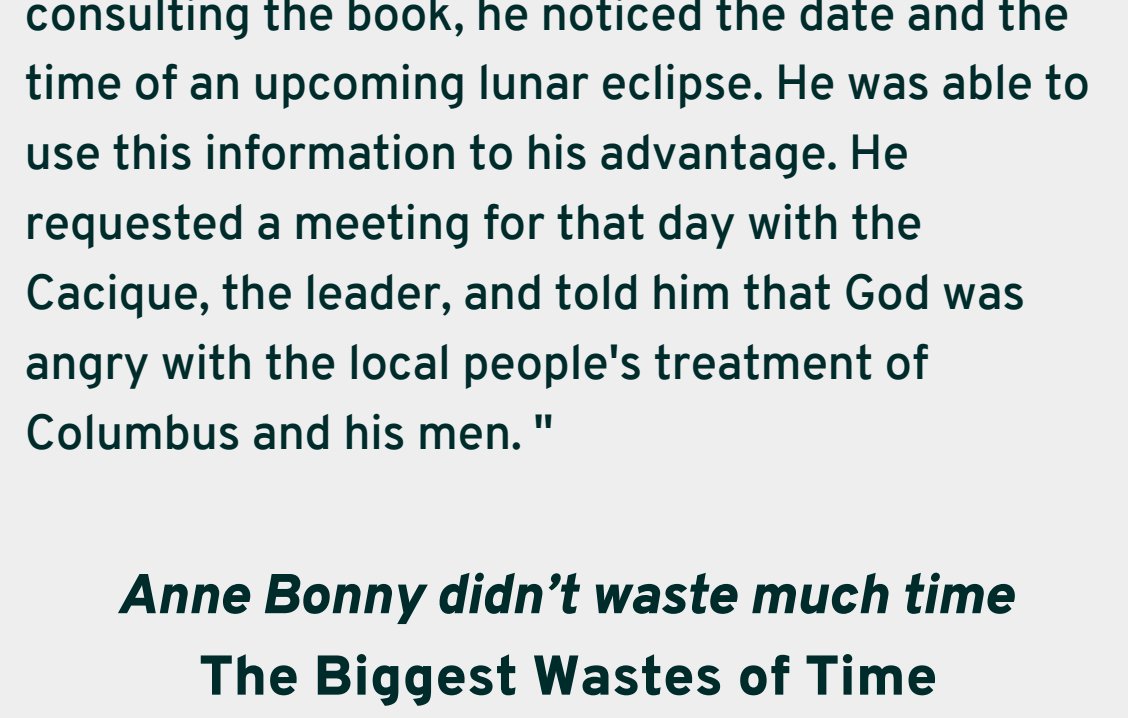


" Have you been feeling more fearful lately? Between a lingering pandemic, news of global warming, divisive politics, and beyond, there are plenty of things that spark fear in us these days. And while it doesn't sound "cool" to admit that, yes, you've probably been afraid of something over the past few years, experts stress that fear is a perfectly normal emotion – and one that is even helpful in some situations. "

February 29, 1504

1504 lunar eclipse

Christopher Columbus, Manipulator Extraordinaire



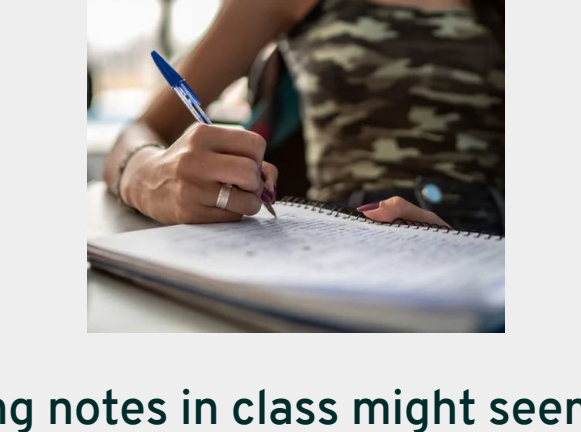
Wiki Rabbit Hole

" During his fourth and last voyage, Christopher Columbus induced the inhabitants of Jamaica to continue provisioning him and his hungry men, successfully intimidated them by correctly predicting a total lunar eclipse for 1 March 1504 (visible on the evening of 29 February in the Americas).

The indigenous people of the island welcomed Columbus and his crew and fed them, but after six months, they halted the food supply, dissatisfied with what the Spaniards could provide in trade. Columbus had on board an almanac authored by Abraham Zacuto of astronomical tables covering the years 1475–1506. Upon consulting the book, he noticed the date and the time of an upcoming lunar eclipse. He was able to use this information to his advantage. He requested a meeting for that day with the Cacique, the leader, and told him that God was angry with the local people's treatment of Columbus and his men. "

Anne Bonny didn't waste much time

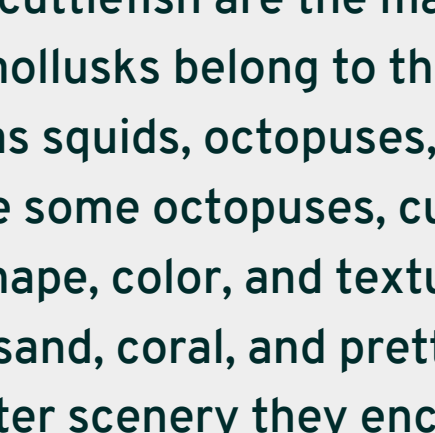
The Biggest Wastes of Time We Regret When We Get Older



" We spend a lot of energy looking for shortcuts to save time, and sure, those shortcuts add up. But when I look back, my biggest time regrets aren't spending too much time on Twitter or mismanaging my daily tasks. Those are bad habits, but there are bigger, more systematic time wasters that have really gotten in the way. Fixing these will free up a massive amount of time and energy. "

Be the words

Why Writing by Hand Is Better for Memory and Learning



" Handwriting notes in class might seem like an anachronism as smartphones and other digital technology subsume every aspect of learning across schools and universities. But a steady stream of research continues to suggest that taking notes the traditional way—with pen and paper or even stylus and tablet—is still the best way to learn, especially for young children. And now scientists are finally zeroing in on why. "

Be happy bears can't do this

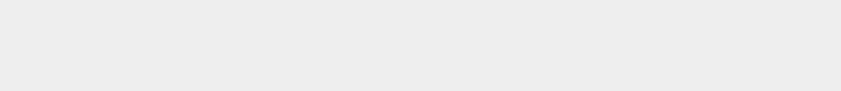
Watch A Cuttlefish Camouflage Itself in an Underwater Living Room



" In the ocean, cuttlefish are the masters of disguise. The mollusks belong to the same class, Cephalopoda, as squids, octopuses, and nautiluses. Like some octopuses, cuttlefish can change their shape, color, and texture to blend in with seaweed, sand, coral, and pretty much any other underwater scenery they encounter. "

" Before I can live with other folks I've got to live with myself. The one thing that doesn't abide by majority rule is a person's conscience."

Harper Lee



it's your life
you understand

Please feel free to forward [Change Happens](#) to anyone you think might enjoy it and have a most excellent day