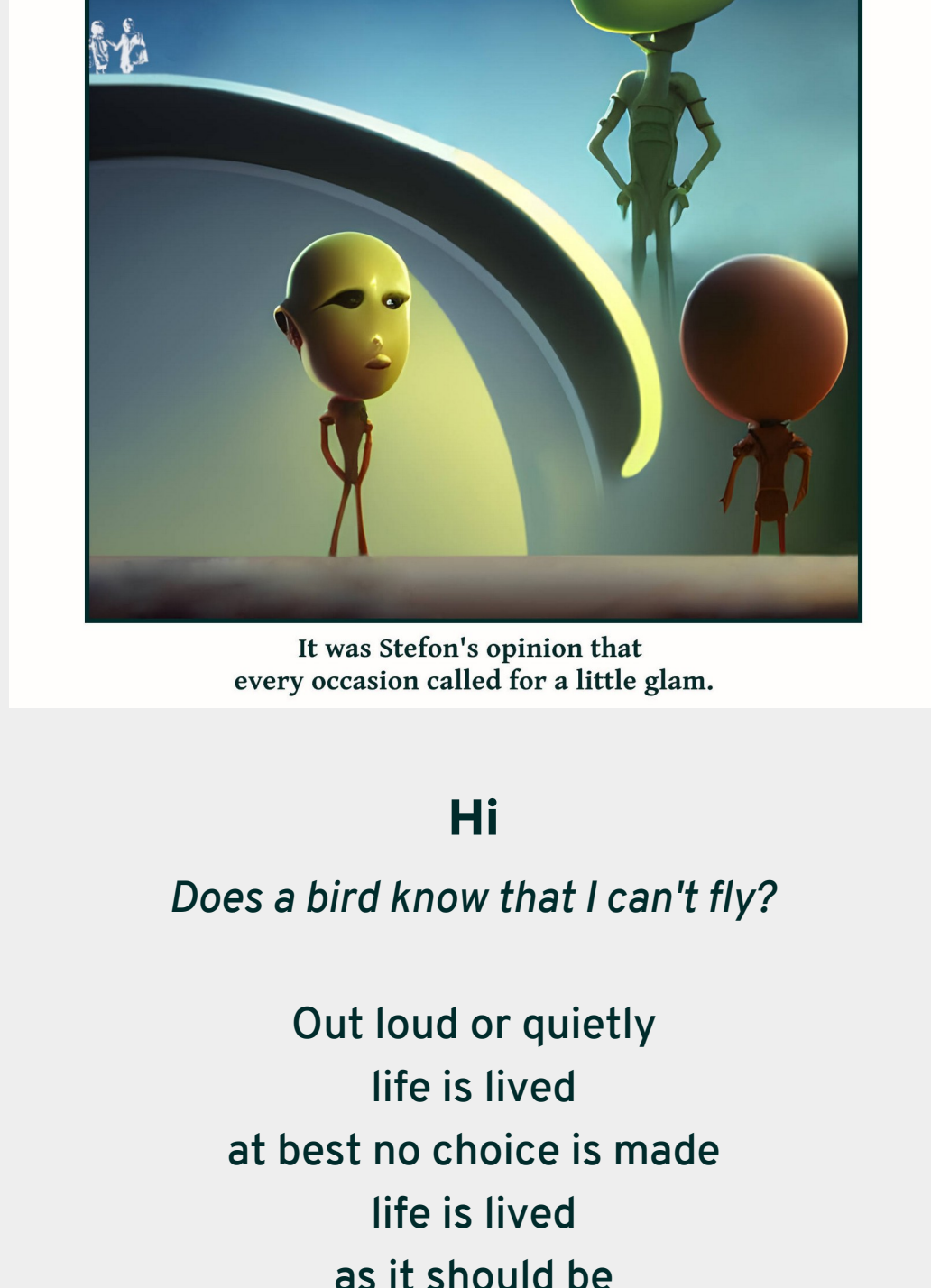


Change Happens

Have a great day,
find your way



It was Stefon's opinion that every occasion called for a little glam.

Hi

Does a bird know that I can't fly?

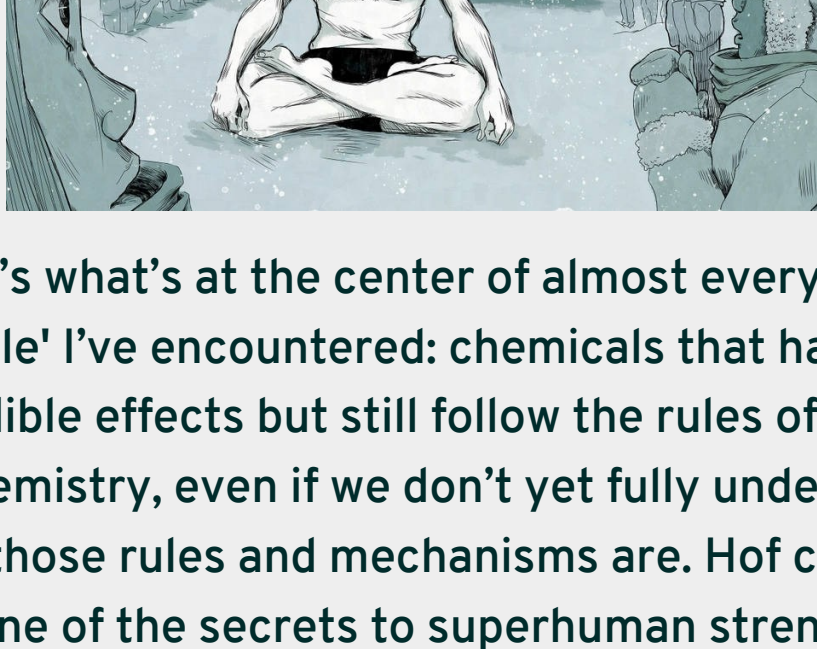
Out loud or quietly
life is lived
at best no choice is made
life is lived
as it should be
joy found in silence
freedom found in expression
neither begs the other for
forgiveness or permission

the truth in being
who you are
as life is lived
inside the joy
of expression
or the freedom
of silence

there is no choice to make
in being who you are
life is lived

What can be done

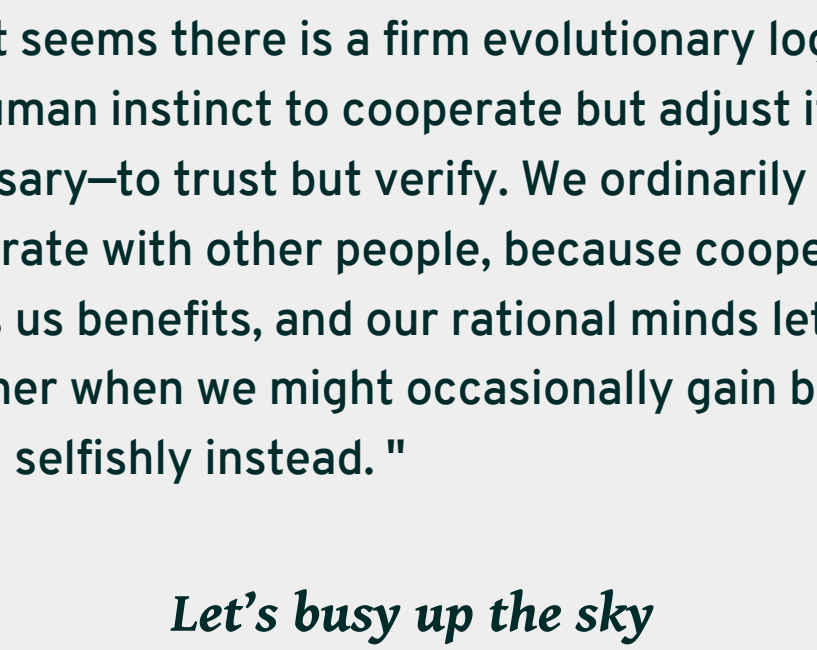
The Science Behind Miracles



" That's what's at the center of almost every 'miracle' I've encountered: chemicals that have incredible effects but still follow the rules of biochemistry, even if we don't yet fully understand what those rules and mechanisms are. Hof claims that one of the secrets to superhuman strength and healing is specialized breathing techniques. Fair enough. But I can introduce him to a healer in Beijing who says it's about balancing spiritual heat with cold or a witch doctor in Mexico who says it's about channeling spirits. What do they all share? The chemistry of expectation and belief—which, writ wide, is the world of placebo. A better definition for placebo might be to call it a measurement of the effect of one's belief on their body. "

When behaviour is rewarded

Selfishness Is Learned



" So, it seems there is a firm evolutionary logic to the human instinct to cooperate but adjust if necessary—to trust but verify. We ordinarily cooperate with other people, because cooperation brings us benefits, and our rational minds let us decipher when we might occasionally gain by acting selfishly instead. "

Let's busy up the sky

Flying Taxis Are Starting to Take Off

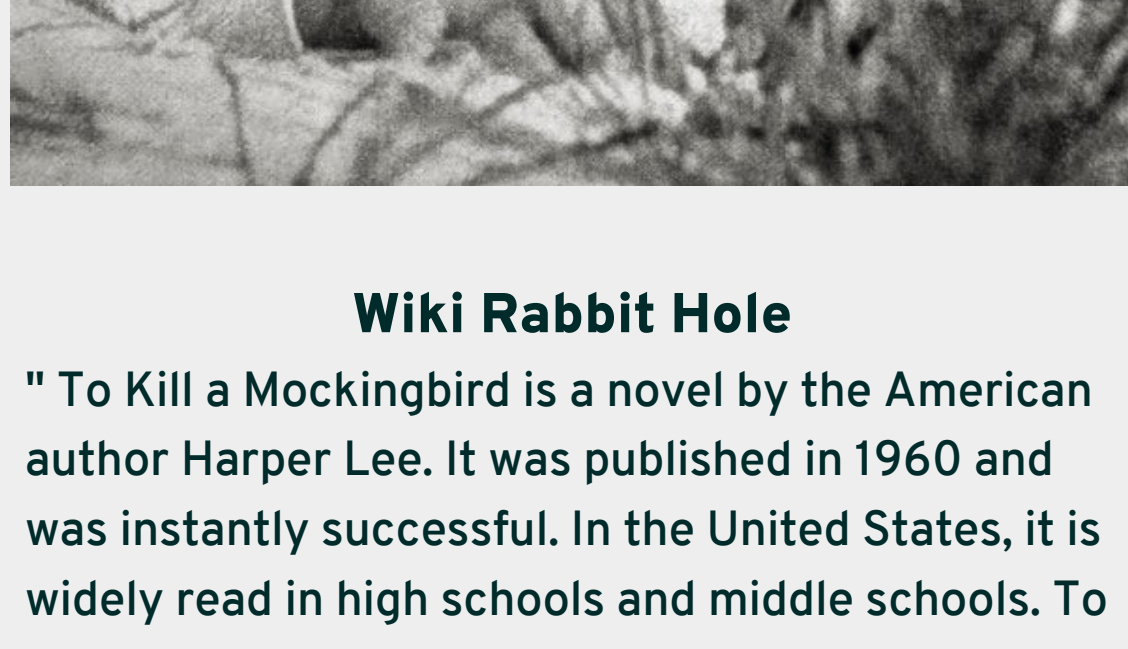


" Imagine taking a flying taxi to the airport, or hopping over crowded city streets at rush hour, getting where you want to go far faster than you could in a car. Believe it or not, you might be able to do these things in an electric air taxi sooner than you think. "

July 11, 1960

To Kill a Mockingbird first published

Nelle Harper Lee

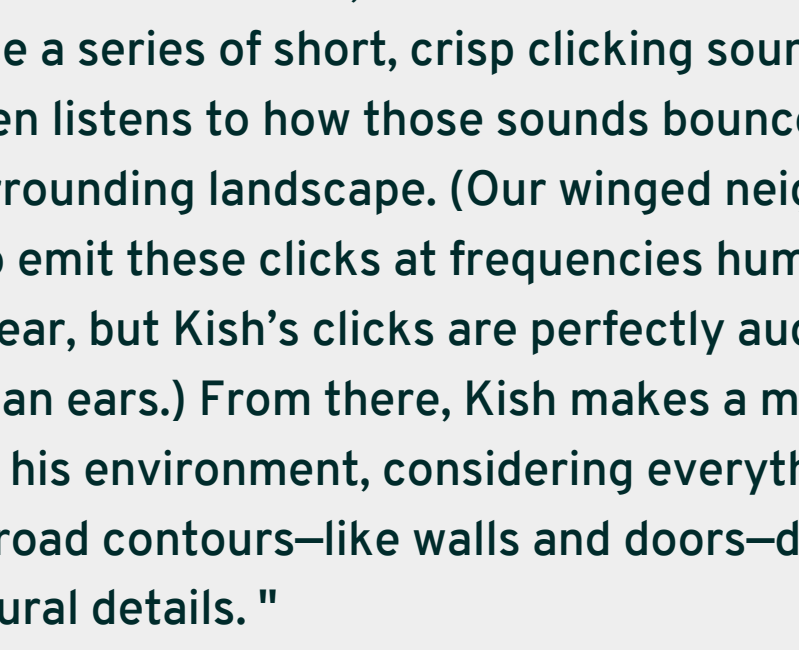


Wiki Rabbit Hole

" To Kill a Mockingbird is a novel by the American author Harper Lee. It was published in 1960 and was instantly successful. In the United States, it is widely read in high schools and middle schools. To Kill a Mockingbird has become a classic of modern American literature; a year after its release, it won the Pulitzer Prize. The plot and characters are loosely based on Lee's observations of her family, her neighbors and an event that occurred near her hometown of Monroeville, Alabama, in 1936, when she was ten. "

Be like Daredevil

Teach Yourself to Echolocate



" Daniel Kish navigates the world like a bat does—and he does so without ever leaving the ground.

After losing his vision as an infant, Kish taught himself to move around with the help of echolocation. Like bats, Kish uses his mouth to produce a series of short, crisp clicking sounds, and then listens to how those sounds bounce off the surrounding landscape. (Our winged neighbors tend to emit these clicks at frequencies humans can't hear, but Kish's clicks are perfectly audible to human ears.) From there, Kish makes a mental map of his environment, considering everything from broad contours—like walls and doors—down to textural details. "

Interesting theory

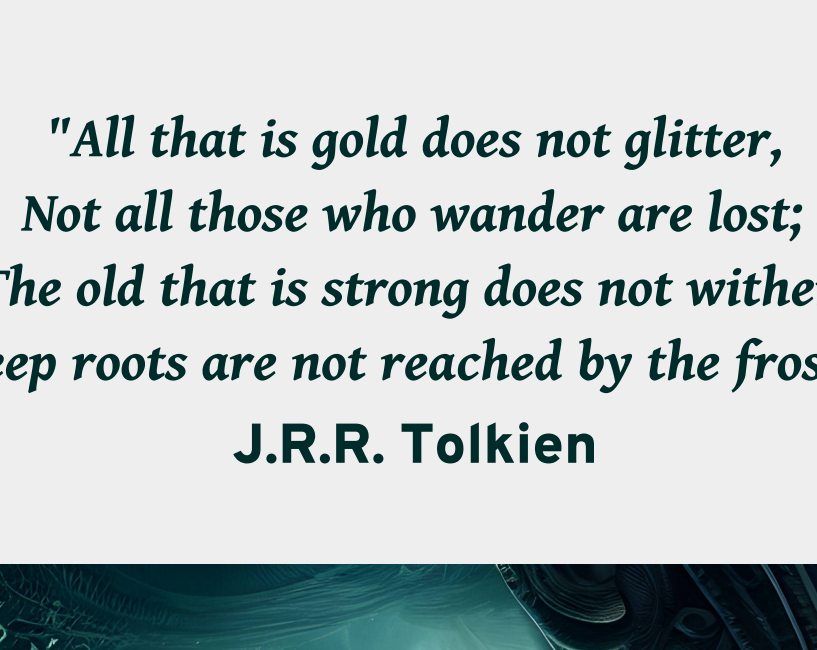
Are 'mother trees' real?



" Her childhood experiences and decades of scientific research led her to draw a connection that was somewhat revolutionary in forestry management and the conventional biological thinking that species must compete to survive. Simard proposed that large trees that are hundreds or even thousands of years old can send carbon, nutrients, water, hormones, and even alarm signals to young plants via a network of underground fungi known as mycorrhiza. She describes these trees as "mothers" in her writing and interviews, and argues that they are essential in making forests around the planet better suited to survive climate change. "

Mars for the galactic victory

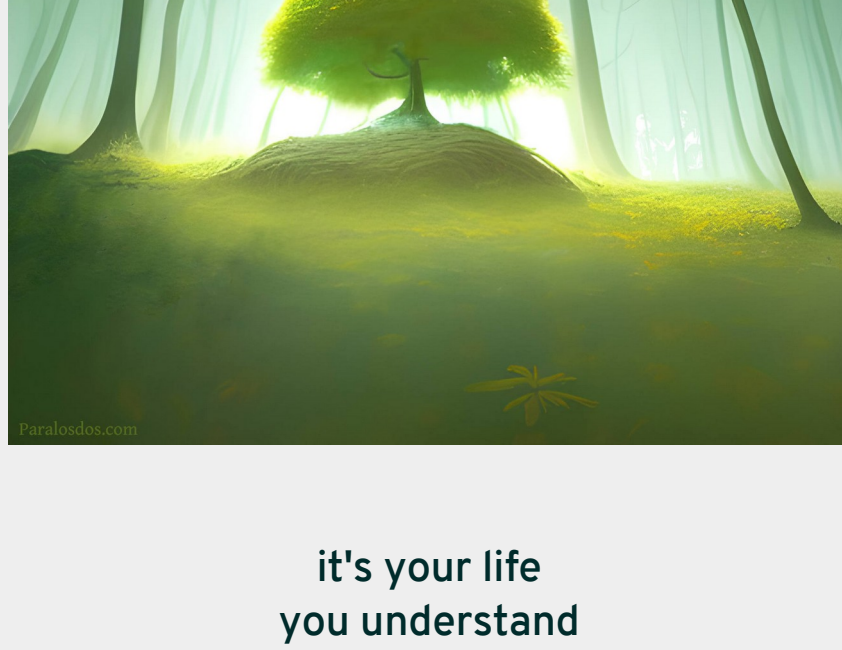
3 Mountains Taller Than Mount Everest



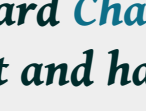
" Olympus Mons isn't just the biggest dormant volcano on Mars, it's the biggest yet found in the entire solar system. It rises about 13 miles above the local terrain and Mars's geodetic datum (the local equivalent of sea level), and over 16 miles above the Martian plains. At its base, it covers an area the size of Arizona. But how can it be that big? "

*"All that is gold does not glitter,
Not all those who wander are lost;
The old that is strong does not wither,
Deep roots are not reached by the frost."*

J.R.R. Tolkien



it's your life
you understand



Please feel free to forward Change Happens to anyone you think might enjoy it and have a most excellent day